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Ref. No: Date: 23/06/2023

Session-2022-23 Best Practice-I

- 1. Title of the practice: Adoption of Village Khardang
- 2. Objectives of the practice:
 - a. To promote health and hygiene among the residents of the village
 - b. To promote child and elderly education
 - c. To bring awareness regarding various governmental schemes
 - d. To promote native culture
 - e. To develop scientific temperament among the people
- 3. The Context: Khardang is a village located in the remote area of Zira Gaon Panchayat under 36 No. Dudhnoi (ST) LA Constituency in the district of Goalpara. This village is mostly inhabited by Rabha and Garo tribes who belong to the ST category. The literacy rate of this village is comparatively low and the financial dependence on agriculture makes the village more inclined towards manual work than education. There have been many issues hindering the growth and development of this village including illiteracy, superstition, health and hygiene issues, lack of awareness regarding various schemes etc. Therefore, Habraghat Mahavidyalaya holds up a holy desire to adopt the village and join hands to eradicate these problems and thereby to bring overall development of the village.
- **4. Activities**: The institution initiated the process by making a general survey among the village people. The survey was based on verbal interaction with people belonging to different strata. Data were collected from the students of the college who belonged to the village. After careful analysis of the data, it has been observed that the village has been battling with multiple issues as mentioned earlier on daily basis.



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- 5. Identifying the problem opened up sources of solution and the college initiated the betterment of the village since 15th June 2022. Three days long awareness programme on digital awareness were organized in the college premise and the people from the village were invited to join the programme. The institution continued and arranged COVID-19 vaccination camps for public and the people of the village were informed priorly to attend and get vaccinated. The college in collaboration with NSS organized a programmes to make the people aware about the use of sanitation facilities on daily basis. Moreover, the teachers volunteered and took few sessions on the importance of education in the village. The teacher emphasized that along with agriculture, education is equally important in not just financial but for the development of every aspect. They highlighted how an educated person can be a better farmer than an illiterate one. Talking about various government schemes like scholarships, Arunoday and self-help group were other important parts of the agenda.
- 6. Evidence of success: The institution assumes that the programmes it had organized for the village proved helpful as the enrolment from the said village increased in the institution. Secondly, the cleanliness of the village is a drastic change that can be observed till date. A general survey was conducted towards the end of December 2022 and it has been found that the villagers are interested in sending their children to schools regularly. It is also found out that a large number of the people were vaccinated with both the doses of COVID-19. There formed many self-help groups especially among the women in the village which promoted economic stability among the people. In terms of cultural development, many students from the village



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started to take part in different cultural competition in the college. Moreover, the college participated in the University Youth Festival and some of the group members who participated in the festival were from khardang. Moreover, the teachers have attended different programmes held in the village like Bihu competitions and Baikhu which are some significant markers of cultural presence among the people of the village.

Although there are many scopes of improvement in the village, but considering the geographical and social context of the village, we can sum up by saying that the village has brough significant marks of development in the past year. The college aspires to keep contributing in such activities that will help in the overall development of the village.

7. Problems encountered and resources required: A committee constituting faculties and students was formed to make the survey in the first phase. Thereafter, in organizing various camps, programmes and sessions, resource persons and staffs were required to be involved. All these processes required financial support which is a big issue in a rural institution like ours. But the college attempted to meet the ends by the few available resources in taking the step towards an overall development of the village.



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Best Practice-II Session 2022-23 Health Service

- 1. Name of the Practice: Health Service
- 2. Objectives:
 - a. To offer health related services to the local community.
 - b. To bring the community closer to the institution.
 - c. To enhance students' involvement in community and social service.
 - d. To make the public aware about different contagious diseases and the ways to prevent them.
 - e. To make the people aware about the need of healthy environment for healthy body
- 3. The context: The nation is striving towards ensuring good health and hygiene by implementing various sheemes and programmes. Habraghat Mahavidyalaya, being an institution of higher education cannot stay behind in this parade towards a better future. Although the college is set in a rural place and is surrounded mostly by illiterate/less-educated population, this institution, with its limited sources, has always attempted to make developing moves towards community services. The world has recently survived a gigantic pandemic and the insecurity of facing the same in future lurks among the people. In such a dark period, it is the responsibility of an educational institution to make certain attempts in helping people to know about safer practices towards better health.
- **4. The Practice:** The College has arranged a COVID-19 vaccination camp on 21/07/2022 where students as well as people from nearby villages got vaccinated. Prior to the



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camp, the faculties with a group of students visited the nearby villages to inform the people about the upcoming camp. The camp went successful, however, not up to the desired number.

'Raktadaanmahadaan', believing in this motto, the college with NSS organized a voluntary blood donation camp in the college premises on 19/09/2022. The donation started with the faculties and extended to include the students. The students who were medically fit volunteered. A few people from the Krishnai market also volunteered in this camp thereby making it a grand success.

In continuation with the fight against COVID-19, the college organized another vaccination camp on 26/11/2022. The medical staff provided both the doses to the needed. The number of participants was significant.

In addition to these campaigns, the college organizes international yoga day every year in the college involving maximum number of students. Again, the college has organized a few sessions on the importance of yoga outside the college in nearby villages along with talk sessions on the need of proper health and hygiene. Moreover, the college has organized various plantation as well as cleanliness drive both in and outside the campus to ensure that good environment brings good health.

Lastly, most of the faculties of the institution have voluntarily pledged to help one TB patient each for six months by providing them with nutritious food.

5. Evidence of success: Although the markers of success in this regard are not clear, we, as an institution dedicated towards community service, assume the success by counting the involvement of people in programmes organized for health services. The number of students participation in health-related services and the support from the community members in terms of attending such sessions are indicators of our



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success. The institution aims at doing so in upcoming days and to promote good health and hygiene among people.

6. Problems encountered and resources required: The primary hurdle in this regard was people's unwillingness to get vaccinated in the first place. It required the faculties to interact with people personally to convince them for vaccination. Moreover, the college required to involve medical staff in such campaigns which had certain financial requirements. Despite of facing many problems, the college was successful in providing the people with information on keeping up good lifestyle for better health. The institution is certain in uplifting the health and lifestyle of the students and the surrounded community in upcoming years by providing many such services to the best of its capacities.



Principal Habraghat Mahavidyalaya Krishnai

Dr. M. K. Das Principal Habraghat Mahavidyala, Krishnai

Photo Gallery

Best Practice-I













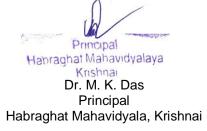


Photo Gallery

Best Practice-II



