

HABRAGHAT MAHAVIDYALAYA, KRISHNAI

INSTITUTIONAL DISTINCTIVENESS: 2019-2020



WOMAN EMPOWERMENT:

Habraghat Mahavidyalaya, is a rural College that was established on 29th August, 1979 at Krishnai in the district of Goalpara, Assam near the West Garo Hills of the state of Meghalaya. The motto of the college is “**Tomoso Maa Jyotirgamaya**” which means to dispel darkness of ignorance by spreading light of knowledge. The college has been spreading knowledge and education with care since the date of its establishment through the curricular activities as prescribed by its affiliating university. Besides this, the College has been doing various community based contemporary activities for social welfare and development since the establishment of the College. Among these one distinctive area is ‘**Women Empowerment**’.

Women Empowerment means to empower the women educationally, socially, and economically so that they can go ahead with the male equally. With this purpose in view, the college has been organizing various activities every year. Some of the important activities organized by the College for women Empowerment are mentioned below-

1. **Awareness programme on Mahila Sabalikaran:**

The College organizes awareness programmes for women empowerment time to time in the inside and outside of the college. This year the College has organized **Awareness**

programme on Mahila Sabalakaran by NSS Unit of the College in association with Department of Social Welfare, Government of Assam.

2. Workshop on Self-Help Group:

The College has organized various activities for the development of rural economy. This year the College has organized a workshop on Self-Help Group by Extension Education Cell in association with AGV Bank, Krishnai to develop the economic status of women of the locality.

3. Workshop on Micro-Finance:

The College has organized various activities for the development of rural economy. This year the College has organized a workshop on Micro-Finance by Extension Education Cell in association with UBI, Krishnai to develop the economic status of women of the locality.

4. Workshop on Sexual Harassment at Work place:

This year the Extension Education Cell of the College has organized has organized a Workshop on Sexual Harassment at work place in association with Goalpara Law College, for creating legal awareness among the women.

5. Yoga and Stress Management:

Stress is now, not a new concept. It is more among the women than man. Considering this, the College has organized a workshop on Yoga and Stress Management among the women.

6. Women Cell for prevention of sexual harassment:

The college has a Women Cell for prevention of sexual harassment which monitors the college for prevention of sexual harassment regularly.

7. Talk on Kasturba Gandhi Balika Vidyalaya in promoting gender equity:

The College organized a popular Talk on Kasturba Gandhi Balika Vidyalaya in promoting gender equity this year .



Chairman IQAC

Habraghat Mahavidyalaya, Krishnai

Principal
Habraghat Mahavidyalaya
Krishnai

